

TEN PIN BOWLING  
UMHLANGA – 26<sup>th</sup> November 2017



And the winner was ..... Philippe Lanz – CONGRATULATIONS!!!

After a couple of hours of knee bending, arm stretching, muscle co-ordination, amid much fun and laughter, the participants said they had enjoyed every moment and felt a lot fitter than they had in quite some time. Of course, all were ready to participate in a 'cold drink'(?!!) so set off to join some other Members for drinks and lunch.

At the last moment there was a change in restaurant as the originally chosen one was closed for renovations, but an excellent alternative was found at *PIATTO* nearby. The food and social drinks went down a treat, and again, much laughter at the table, with the sun shining outside and a typical Sunday at the coast.

The turnout could have been a lot better, and it is hoped that if this event is to take place again in the future, it will be better supported. Nothing like keeping one fit and enjoying the company of other Members.

Much thanks to Renato for organising this event, and again, well done Philippe!

Kind regards

SHEILA